

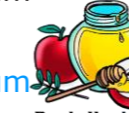





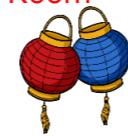



September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Birthdays of the Month Sally, H. – September 1 st Jim, C. – September 9 th Jane, B. – September 10 th Vee, M. – September 16 th Lily, H. – September 20 th Kim, G. – September 27 th 	1 Exercise with Sarah 10:00 AM – Solarium Music Group with Natasha 2:30 PM – Solarium Games Group 3:30 PM – Solarium	2 Exercise with Sarah 10:00 AM – Solarium Science & Art Lab 2:00 PM – Solarium Bingo 3:00 PM – Dining Room	3 Exercise with Gregory 10:00 AM – Dining Room BBQ Lunch Dining Room Social Hour 3:00 PM – Dining Room	4 Exercise with Gregory 10:00 AM – Dining Room Online Class – Modern History 10:30 AM – Solarium Movie – Just Like Heaven 2:00 PM – Solarium
5 Yoga with Charlene 10:00 AM – Solarium TV Series – Downton Abbey [Season 5 Episode 3-4] 2:30 PM – Solarium Orchestra Night – 7:30 PM – Apollo Orchestra Millennium Stage (2016)	6 Exercise with Sarah 10:00 AM – Solarium Music Entertainment with Michelle Carlisle 2:30 PM – Dining Room Trivia Night 7:30 PM – Dining Room 	7 Exercise with Gregory 10:00 AM – Dining Room Armchair Travel – Jordan 2:00 PM – Solarium Social Hour 3:00 PM – Solarium 	8 Exercise with Sarah 10:00 AM – Solarium Music Group with Natasha 2:30 PM – Solarium Games Group 3:30 PM – Solarium 	9 Exercise with Sarah 10:00 AM – Solarium Science & Art Lab 2:00 PM – Solarium Bingo 3:00 PM – Dining Room	10 Exercise with Gregory 10:00 AM – Dining Room Social Hour 3:00 PM – Dining Room	11 Exercise with Gregory 10:00 AM – Dining Room Online Class – Modern History 10:30 AM – Solarium Movie – The Green Mile 2:00 PM – Solarium 
12 Yoga with Charlene 10:00 AM – Solarium TV Series – Downton Abbey [Season 5 Episode 5-6] 2:30 PM – Solarium Orchestra Night – 7:30 PM – Rachmaninoff: Piano Concerto No. 3 - Anna Fedorova	13 Exercise with Sarah 10:00 AM – Solarium Gardening Club Meeting 2:00 PM – Dining Room Music Entertainment with Brian Flanagan 2:30 PM – Dining Room Trivia Night 7:30 PM – Dining Room	14 Exercise with Gregory 10:00 AM – Dining Room Armchair Travel – India: Sacred Groud 2:00 PM – Solarium Social Hour 3:00 PM – Solarium	15 Exercise with Sarah 10:00 AM – Solarium Music Group with Natasha 2:30 PM – Solarium Townhall Meeting & Welcome Tea 3:30 PM – Dining Room	16 Exercise with Sarah 10:00 AM – Solarium Science & Art Lab 2:00 PM – Solarium Bingo 3:00 PM – Dining Room 	17 SHWI Workshop – “Dealing with Conflict” 2:00 PM – Dining Room Social Hour 3:00 PM – Dining Room	18 Exercise with Gregory 10:00 AM – Dining Room EcoVillage Dog Visit 10:30 AM – Front Entrance  Movie – The Curious Case of Benjamin Button 2:00 PM – Solarium
19 Yoga with Charlene 10:00 AM – Solarium TV Series – Downton Abbey [Season 5 Episode 7-8] 2:30 PM – Solarium Orchestra Night – 7:30 PM – Apollo Orchestra Millennium Stage (2020)	20 Exercise with Sarah 10:00 AM – Solarium Music Entertainment with Saul Berson 2:30 PM – Dining Room	21 Exercise with Gregory 10:00 AM – Dining Room Armchair Travel – India: Quest for Himalayas 2:00 PM – Solarium Social Hour 3:00 PM – Solarium 	22 Exercise with Sarah 10:00 AM – Solarium Music Group with Natasha 2:30 PM – Solarium Games Group 3:30 PM – Solarium	23 Exercise with Sarah 10:00 AM – Solarium Science & Art Lab 2:00 PM – Solarium Bingo 3:00 PM – Dining Room	24 Exercise with Gregory 10:00 AM – Dining Room Trivia Night 7:30 PM – Dining Room Social Hour 3:00 PM – Dining Room	25 Exercise with Gregory 10:00 AM – Dining Room Online Class – Modern History 10:30 AM – Solarium Movie – Chocolat 2:00 PM – Solarium
26 Yoga with Charlene 10:00 AM – Solarium TV Series – Downton Abbey [Season 5 Episode 9] 2:30 PM – Solarium Orchestra Night – 7:30 PM – Star Wars at the Concertgebouw Netherlands	27 Exercise with Sarah 10:00 AM – Solarium Music Entertainment with Pete Campbell 2:30 PM – Dining Room	28 Moon Festival Dance with Jessica Yue 2:00 PM – Dining Room Social Hour 3:00 PM – Dining Room 	29 Exercise with Sarah 10:00 AM – Solarium Music Group with Natasha 2:30 PM – Solarium Games Group 3:30 PM – Solarium	30 Exercise with Sarah 10:00 AM – Solarium Science & Art Lab 2:00 PM – Solarium Bingo 3:00 PM – Dining Room 	ORANGE SHIRT DAY Every Child Matters	