





February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Exercise with Greg 10:30 AM – Solarium Movie Night 7:30 PM - Solarium <i>Movie: The Terminal</i>
2 Poker Group 2:00 PM – Solarium	3 Exercise Class with PhysioForSeniors 10:30 AM – Solarium Games Group 2:30 PM – Solarium	4 Exercise with Elizabeth 10:30 AM – Solarium Social Hour 3:00 PM – Solarium Live Entertainment 7:30 PM – Dining Room with Peter Mason	5 Laughter Yoga with Sunghee 10:30 AM – Solarium Music Group with Natasha 1:45 PM – Solarium "Noises Off" Stanley Theater at 1:00pm <i>[Tickets Holders Only]</i>	6 Exercise & Chair Meditation with Janet 10:30 AM – Solarium Documentary Film 2:30 PM – Solarium	7 Communion 10:00 AM – 9 th Floor Lounge Tai-Chi with Victor Fu 10:30 AM – Solarium Social Hour 3:00 PM – Solarium	8 Exercise with Greg 10:30 AM – Solarium EcoVillage Dog Visit 2:30 PM – In the Lobby Movie Night 7:30 PM – Solarium <i>Movie: 13 Going on 30</i> 
9 Poker Group 2:00 PM – Solarium Art Class with Erin 2:30 PM – Solarium	10 Exercise Class with PhysioForSeniors 10:30 AM – Solarium Games Group 2:30 PM – Solarium Live Entertainment 3:00 PM – Dining Room with Amaryllis Choir	11 Exercise with Elizabeth 10:30 AM – Solarium Birthday Celebration Social Hour 3:00 PM – Solarium 	12 Laughter Yoga with Sunghee 10:30 AM – Solarium Music Group with Natasha 1:45 PM – Solarium Welcome Tea 2:45 PM – Dining Room Townhall Meeting 3:15 PM – Dining Room	13 Exercise & Chair Meditation with Janet 10:30 AM – Solarium Documentary Film 2:30 PM – Solarium	14 Communion 10:00 AM – 9 th Floor Lounge Exercise Class with Greg 10:30 AM – Solarium Valentine's Day Special Lunch  Valentine's Day Social Hour 3:00 PM – Solarium	15 Exercise with Greg 10:30 AM – Solarium GreyHaven Bird Visit 2:30 PM – In the Dining Room Movie Night 7:30 PM - Solarium <i>Movie: Annie (1982)</i> 
16 Poker Group 2:00 PM – Solarium Art Class with Erin 2:30 PM – Solarium	17 Exercise Class with PhysioForSeniors 10:30 AM – Solarium Games Group 2:30 PM – Solarium	18 Exercise with Elizabeth 10:30 AM – Solarium Social Hour 3:00 PM – Solarium	19 Exercise with Greg 10:30 AM – Solarium Music Group with Natasha 1:45 PM – Solarium	20 Exercise & Chair Meditation with Janet 10:30 AM – Solarium Documentary Film 2:30 PM – Solarium	21 Communion 10:00 AM – 9 th Floor Lounge Healthy Living: Sleep 10:00 PM – Solarium Social Hour 3:00 PM – Solarium	22 Exercise with Greg 10:30 AM – Solarium Live Entertainment 2:30 PM – Dining Room with Mike Kinal Movie Night 7:30 PM - Solarium <i>Movie: Erin Brokovich</i>
23 Poker Group 2:00 PM – Solarium	24 Exercise Class with PhysioForSeniors 10:30 AM – Solarium Games Group 2:30 PM – Solarium	25 Exercise with Elizabeth 10:30 AM – Solarium Social Hour 3:00 PM – Solarium	26 Laughter Yoga with Sunghee 10:30 AM – Solarium Music Group with Natasha 1:45 PM – Solarium	27 Exercise & Chair Meditation with Janet 10:30 AM – Solarium Vancouver Theater Sports League 2:30 PM – Dining Room <i>[Improv Show]</i>	28 Communion 10:00 AM – 9 th Floor Lounge Exercise Class with Greg 10:30 AM – Solarium Social Hour 3:00 PM – Solarium	29 Exercise with Greg 10:30 AM – Solarium Live Entertainment 2:30 PM – Dining Room with Pete Campbell Movie Night 7:30 PM - Solarium <i>Movie: Ghost</i>