






# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>Poker Group</b> 2:00 PM – Solarium	<b>2</b> <b>Exercise Class</b> with <b>PhysioForSeniors</b> <b>10:30 AM – Solarium</b>  <b>Games Group</b> 2:30 PM – Solarium	<b>3</b> <b>Exercise</b> with <b>Elizabeth</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>4</b> <b>Laughter Yoga</b> with <b>Sunghee</b> <b>10:30 AM – Solarium</b>  <b>Music Group</b> with <b>Natasha</b> 1:45 PM – Solarium  <b>Welcome Tea</b> 2:45 PM – Dining Room <b>Townhall Meeting</b> 3:15 PM – Dining Room	<b>5</b> <b>Exercise &amp; Chair</b> <b>Meditation</b> with <b>Janet</b> 10:30 AM – Solarium  <b>Documentary Film</b> 2:30 PM – Solarium	<b>6</b> <b>Communion</b> 10:00 AM – 9 <sup>th</sup> Floor Lounge  <b>Tai-Chi</b> with <b>Victor Fu</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>7</b> <b>Exercise</b> with <b>Greg</b> <b>10:30 AM – Solarium</b>  <b>UBC Volunteer Group</b> 2:30 PM – Solarium
<b>8</b> <b>Daylight Savings:</b> Turn the Clock Forward! <b>Poker Group</b> 2:00 PM – Solarium <b>Live Entertainment</b> 3:00 PM – Dining Room  <b>International Women’s</b> <b>Day</b> 	<b>9</b> <b>Exercise Class</b> with <b>PhysioForSeniors</b> <b>10:30 AM – Solarium</b>  <b>Solarium Workshop</b> 2:30 PM – Solarium	<b>10</b> <b>Exercise</b> with <b>Elizabeth</b> 10:30 AM – Solarium  <b>Birthday Celebration</b>   <b>Social Hour</b> 3:00 PM – Solarium  <b>Return Library Books to</b> <b>Main Lobby shelf</b>	<b>11</b> <b>Laughter Yoga</b> with <b>Sunghee</b> <b>10:30 AM – Solarium</b>  <b>Music Group</b> with <b>Natasha</b> 1:45 PM – Solarium  <b>Movie Day - Music with</b> <i>Lyrics</i> 2:30 PM - Solarium	<b>12</b> <b>Exercise &amp; Chair</b> <b>Meditation</b> with <b>Jordan</b> 10:30 AM – Solarium  <b>Documentary Film</b> 2:30 PM – Solarium	<b>13</b> <b>Communion</b> 10:00 AM – 9 <sup>th</sup> Floor Lounge  <b>Exercise Class</b> with <b>Greg</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>14</b> <b>Exercise</b> with <b>Greg</b> <b>10:30 AM – Solarium</b>  <b>EcoVillage Dog Visit</b> 2:30 PM – Main Lobby  
<b>15</b> <b>Poker Group</b> 2:00 PM – Solarium  <b>Art Class</b> with <b>Erin</b> 2:30 PM – Solarium	<b>16</b> <b>Exercise Class</b> with <b>PhysioForSeniors</b> <b>10:30 AM – Solarium</b>  <b>Games Group</b> 2:30 PM – Solarium	<b>17</b> <b>Exercise</b> with <b>Elizabeth</b> 10:30 AM – Solarium   <b>St. Patrick’s Day</b> <b>Special Lunch</b>  <b>St. Patrick’s Day</b> <b>Social Hour</b> 3:00 PM – Solarium	<b>18</b> <b>Laughter Yoga</b> with <b>Sunghee</b> 10:30 AM – Solarium  <b>Music Group</b> with <b>Natasha</b> 1:45 PM – Solarium  <b>Movie Day – Ghost</b> 2:30 PM - Solarium	<b>19</b> <b>Exercise &amp; Chair</b> <b>Meditation</b> with <b>Janet</b> 10:30 AM – Solarium  <b>Documentary Film</b> 2:30 PM – Solarium	<b>20</b> <b>Communion</b> 10:00 AM – 9 <sup>th</sup> Floor Lounge  <b>Tai-Chi</b> with <b>Victor Fu</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>21</b> <b>Exercise</b> with <b>Greg</b> <b>10:30 AM – Solarium</b>  <b>GreyHaven Bird Visit</b> 2:30 PM – Dining Room  
<b>22</b> <b>Poker Group</b> 2:00 PM – Solarium  <b>Art Class</b> with <b>Erin</b> 2:30 PM – Solarium	<b>23</b> <b>Exercise Class</b> with <b>PhysioForSeniors</b> <b>10:30 AM – Solarium</b>  <b>Games Group</b> 2:30 PM – Solarium  <b>Live Entertainment</b> 3:00 PM – Dining Room with Amaryllis Choir	<b>24</b> <b>Exercise</b> with <b>Elizabeth</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>25</b> <b>Laughter Yoga</b> with <b>Sunghee</b> 10:30 AM – Solarium  <b>Music Group</b> with <b>Natasha</b> 1:45 PM – Solarium  <b>Movie Day – The Last Thing</b> <i>He Wanted</i> 2:30 PM - Solarium	<b>26</b> <b>Exercise &amp; Chair</b> <b>Meditation</b> with <b>Janet</b> 10:30 AM – Solarium  <b>Documentary Film</b> 2:30 PM – Solarium	<b>27</b> <b>Communion</b> 10:00 AM – 9 <sup>th</sup> Floor Lounge  <b>Exercise Class</b> with <b>Greg</b> 10:30 AM – Solarium  <b>Social Hour</b> 3:00 PM – Solarium	<b>28</b> <b>Exercise</b> with <b>Greg</b> <b>10:30 AM – Solarium</b>  <b>Live Entertainment</b> 2:30 PM – Dining Room with Pete Campbell
<b>29</b> <b>Poker Group</b> 2:00 PM – Solarium  <b>Live Entertainment</b> 3:00 PM – Dining Room with Stan Shear	<b>30</b> <b>Exercise Class</b> with <b>PhysioForSeniors</b> <b>10:30 AM – Solarium</b>  <b>Robinson Life Stories</b> <b>Presentation</b> 2:30 PM – Solarium	<b>31</b> <b>Exercise</b> with <b>Elizabeth</b> <b>10:30 AM – Solarium</b>  <b>Social Hour</b> 3:00 PM – Solarium				