

**COVID-19 Update
March 13, 2020**

For your health and wellbeing:

- **Follow all posted health recommendations including frequent hand washing.**
- **Doors are now locked 24hrs/day. Residents can use your fobs to enter.**
- **All visitors to Chalmers are being screened for health and recent travel prior to being allowed to enter.**
- **Residents are allowed one designated visitor (not one at a time, one visitor only).**
- **Guest meals are cancelled.**
- **Communal spaces are for Resident use only.**
- **Please visit with your visitor in your room only. Do not visit with your guest in any communal areas (Bistro, Fireside Lounge, Solarium, Dining Room, Small Lounges).**
- **All activities are cancelled except daily exercise classes.**
- **Sign in and out every time you go out.**

**Thank you,
Chalmers Lodge Management**