

Update for Residents & Families

June 6, 2020

As Vancouver starts to relax some COVID-19 restrictions, the management team of Chalmers Lodge would like to provide an update to residents and families about what this means to us all.

Throughout the pandemic, all Orders from Dr. Bonnie Henry, our Provincial Health Officer, and the directives from the Assisted Living Registrar have been implemented at Chalmers Lodge. The Orders are in place to safe-guard the health of British Columbians and the directives from the Assisted Living Registrar are in place to ensure our residents, who are in a high risk category, are protected to the best of our ability.

Despite the relaxing of some restrictions among the general population, Chalmers Lodge has been advised by the Medical Health Officer to continue with the existing measures. This is a critical time of the pandemic where premature relaxing of restrictions could have serious consequences.

Current measures in place are as follows:

- Chalmers Lodge remains closed to all visitors.
- Residents are asked to remain on Chalmers property except for required off-site medical appointments.
- The Nursing Dept provides support for all off-site and virtual medical appointments.
- The health of residents is monitored with twice daily COVID19 screening.
- The Nursing Department provides all care services to residents (eliminating any risk of infection by external home support).
- Shopping services to local stores are provided by volunteers for residents.
- Meals are now served in the dining room with physical distancing and plexiglass barriers for protection. There are three sittings for every meal.
- Activities have been adapted and we now have a minimum of two activities per day including exercise classes every day of the week.
- The Bistro is open for self-serve coffee all day.

We appreciate how difficult these times are. The Chalmers team is heart-centered and we are especially sensitive to how residents and families are feeling right now. We are in this together. Despite the challenges, we do smile and laugh every day. Today we ate delicious chocolate cake to welcome our new Chef and Director of Care! And for Seniors Week staff created a photo video of personal messages of love to all our residents, and everyone received a certificate of appreciation. Even in a pandemic, life does go on.

Best wishes to all,

Chalmers Lodge Management Team