

# Memo

Date: July 22, 2020  
To: Chalmers Lodge Residents and Families  
From: Lara Fares RN, Director of Care  
Re: **Chalmers Lodge Guidelines for Wearing Masks during COVID19**

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With the implementation of visitations at Chalmers Lodge, with more exposure comes the increased risk of contracting COVID19.

At Chalmers Lodge we are trying to take measures to keep everyone safe and minimize the risk of contracting the virus and spreading it to others. If the virus is contracted by a resident or staff, we would have to isolate everyone back into their individual rooms. This preventive step is to safeguard everyone, so isolation is not needed.

**Effective today all residents are expected to wear a mask indoors and when within 6 feet of another resident.**

**Refusal to wear a mask will result in restricting the resident's access to common indoor areas.**

**We are aware that it is difficult to always wear a mask, hence the following guidelines:**

<b>Elevators</b>	Always wear a mask when in the Elevator. Limit to 2 persons only and maintain your physical distance.
<b>Hallways</b>	Always wear a mask when in the Hallways, you never know if you will encounter another person while in the hallways.
<b>Personal room</b>	Residents are not expected to wear a mask when they are in their personal room or on their personal balcony.
<b>Common areas</b>	Always wear a mask on the main floor common area and when you are within 6 feet of another resident.
<b>Dining room</b>	Residents do not need to wear a mask when seated at a table with the plexiglass separation.
<b>Solarium</b>	Resident must wear a mask when they are within 6 feet of other residents
<b>Outdoors</b>	Residents can wear a mask outside, at their own discretion, but must always remain 6 ft apart from others.

**Please note that Chalmers Lodge has purchased cotton masks that are available for residents free of charge, when your mask gets dirty please leave it in the provided laundry bag to be washed and take a clean mask to use.**