









# January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>2 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Online Class – Indigenous History</b> 10:30 AM – Solarium  <b>Movie – Flight</b> 2:30 PM – Solarium
<b>3 Netflix Series – The Medici [Season 3 Episode 7-8]</b> 2:30 PM – Solarium	<b>4 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Entertainment</b> 2:30 PM – Outdoor/Zoom	<b>5 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Armchair Travel – Ethiopia</b> 2:00 PM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>6 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Group with Natasha</b> 2:30 PM – Solarium	<b>7 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Bingo</b> 2:30 PM – Solarium 	<b>8 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>9 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Online Class –</b> 10:30 AM – Solarium  <b>Movie – Dirty Rotten Scoundrels</b> 2:30 PM – Solarium
<b>10 Netflix Series – The Crown [Season 4 Episode 1-2]</b> 2:30 PM – Solarium	<b>11 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Entertainment</b> 2:30 PM – Outdoor/Zoom	<b>12 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Armchair Travel – Pakistan</b> 2:00 PM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium 	<b>13 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Group with Natasha</b> 2:30 PM – Solarium  <b>Townhall Meeting &amp; Welcome Tea</b> 3:30 PM – Dining Room	<b>14 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Bingo</b> 2:30 PM – Solarium 	<b>15 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>16 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Online Class –</b> 10:30 AM – Solarium  <b>Movie – Circle of Friends</b> 2:30 PM – Solarium
<b>17 Netflix Series – The Crown [Season 4 Episode 3-4]</b> 2:30 PM – Solarium	<b>18 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Entertainment with Saul Berson</b> 2:30 PM – Outdoor/Zoom	<b>19 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Armchair Travel – Lebanon</b> 2:00 PM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>20 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Group with Natasha</b> 2:30 PM – Solarium	<b>21 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Bingo</b> 2:30 PM – Solarium 	<b>22 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>23 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Online Class –</b> 10:30 AM – Solarium  <b>Movie – The Tourist</b> 2:30 PM – Solarium
<b>24 Netflix Series – The Crown [Season 4 Episode 5-6]</b> 2:30 PM – Solarium	<b>25 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Robbie Burns</b> Lunch – Dining Room   <b>Music Entertainment with Peter Paulus</b> 2:30 PM – Outdoor/Zoom	<b>26 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Armchair Travel – Ukraine</b> 2:00 PM – Solarium  <b>Happy Hour</b> 3:00 PM – Solarium	<b>27 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Music Group with Natasha</b> 2:30 PM – Solarium  <b>Footcare Nurse</b> 7 <sup>th</sup> Floor Lounge 	<b>28 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Bingo</b> 2:30 PM – Solarium 	<b>29 Exercise with Sarah</b> 10:00 AM – Solarium  <b>Summer BBQ... In January!</b> Lunch – Dining Room  <b>Happy Hour</b> 3:00 PM – Solarium	<b>30 Exercise with Gregory</b> 10:00 AM – Dining Room  <b>Online Class –</b> 10:30 AM – Solarium  <b>Movie – The Terminal</b> 2:30 PM – Solarium
<b>31 Netflix Series – The Crown [Season 4 Episode 7-8]</b> 2:30 PM – Solarium						